

Certificate of Attendance
Nebraska Academy of Nutrition and Dietetics 2023 Annual Conference
April 20-21, 2023 | Nebraska Innovation Campus, Lincoln, NE

Presented to: _____

CPE Hours

April 20, 2023

_____ **Cultural Paradigms to Practical MNT, Be Humble!**

(1 CPE) Suggested CPE: Level 2 - 1.7, 8.5.4, 9.4.2, 10.2.10

_____ **Meatless Meat Movement**

(0.75 CPE) Suggested CPE: Level 2 - 1.8, 2.1, 2.3, 4.1, 4.2

_____ **Neutropenic Diet: Fact or Fiction**

(0.75 CPE) Suggested CPE: Level 2 - 8.2.2

_____ **Histamine Intolerance and CSID in IBS**

(1.0 CPE) Suggested CPE: Level 2 - 10.2.2, 4.1.2, 8.2.4

_____ **Exhibits**

(1.0 CPE)

_____ **MicroNutrients and CKD**

(1.5 CPE) Suggested CPE: Level 2 - 8.1.1, 8.1.4, 8.2.2, 8.2.4

_____ **Nutrition Business: How to Succeed in Private Practice**

(1.0 CPE) Suggested CPE: Level 2 - 9.1.3, 9.2.3, 9.4.4, 9.5.1

_____ **What's Going on with Food Allergies? An Update on Advancements in Recent Years**

(1.0 CPE) Suggested CPE: Level 2 - 8.1.2, 8.2.1, 8.2.2, 8.2.4

_____ **Poops, Toots, and Bloat: Clues to Digestive Distress and How the Dietitian Can Help**

(0.75 CPE) Suggested CPE: Level 2 - 8.1.2, 10.2.2, 4.2.5

April 21, 2023

_____ **It's Not What you Say. It's How You Say It. Motivational Patient Consulting Strategies**

(1.5 CPE) Suggested CPE: Level 2 - 2.2.3, 4.1.1

_____ **Understanding GI Psychology: An Underutilized Resource**

(1.0 CPE) Suggested CPE: Level 1 - 10.5.1, 10.5.2, 10.5.3, 10.5.4, 10.5.5, 10.4.2, 10.6.1, 10.6.2, 10.6.3, 10.5.1, 10.5.2, 10.5.3, 10.3.2, 1.7.6

_____ **Healing Chronic Dieting, Emotional Eating and Body Shame: What Every Dietitian Needs to Know**

(1.5 CPE) Suggested CPE: Level 1 - 4.1, 4.1.2, 4.1.3, 4.2, 4.2.2, 9.1.3, 9.6, 9.6.3

_____ **Standards of Nutrition Care in Diabetes in 2023: Hurdling Patient Barriers with Changing**

Resources and Perspectives

(1.0 CPE) Suggested CPE: Level 2 - 8.1.1

_____ **Attuned Eating Matters: Clinical Strategies and Stories to Help Clients Cultivate a Nourishing and Guilt-Free Relationship with Food.**

(1.0 CPE) Suggested CPE: Level 1 - 4.1, 4.1.2, 4.1.3, 4.2, 4.2.2, 9.1.3, 9.6, 9.6.3

_____ **The Microbes We Eat (Or Should Be Eating)**

(0.75 CPE) Suggested CPE: Level 2 - 8.1.1, 8.1.3

Total CPE Earned: _____

Carrie Nielsen, RD, LMNT

Carrie Nielsen, RD, LMNT
NAND President, 2022-2023

Erica Jackson, MS, RD, LMNT

Erica Jackson, MS, RD, LMNT
NAND Annual Meeting Chair, 2022-2023