

## NAND 2020-2021 Ballot Information Form



Jenna Mayers MS, RD, LMNT, CDE

**Current Employer:** Bryan Health

**Areas of expertise/practice:** Outpatient diabetes and medical nutrition therapy.

**Professional Expertise:**

Faith Regional inpatient dietitian	2010-2011
Bryan Health outpatient diabetes educator and dietitian	2011-present
Adult Weight Management Level 1	2011
Certified Diabetes Educator	2013-present
Past board member for the Bryan Health Diabetes Update	2016-2019
Presenter for Bryan Women's Care Life with Your New Baby	2019-present
Co-coordinator Heartland Health Alliance Diabetes Initiative	2019-present

**Professional Affiliations:**

Current Academy of Nutrition and Dietetics 2001-Present  
Current Nebraska Academy of Nutrition and Dietetics – East Region

- Marketing board member 2019-Present

Past AADE member

**What would be one thing you think the membership should know about you:**

I'm very passionate about individualizing a meal plan to meet a patient's lifestyle and disease process. Over the last 9 years I have been able to do so with a variety of patients at Bryan Health. Outside of work you will find me in the kitchen with my girls, Zoe and Zella.

“People who love to eat are always the best people” -Julia Child